



Personal Care

Support with the everyday routines that matter, washing, dressing, and medication delivered by carers who take the time to do it right.

IS PERSONAL CARE RIGHT FOR YOU?

- A loved one needs help with washing, dressing, or personal hygiene but wants to stay independent at home
- Medication needs to be managed reliably, every day
- Mobility has become harder, and daily tasks now carry real risk
- Family are trying to help but can no longer manage safely alone

WHAT'S INCLUDED

- Washing, bathing and showering support
- Dressing and grooming assistance
- Medication prompts and administration
- Continence care, handled with dignity
- Mobility support around the home



Senior Health Care

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