



Respite Care

Short-term cover that lets family carers rest, travel, or simply breathe, while your loved one stays supported by carers they trust.

IS RESPITE CARE RIGHT FOR YOU?

- You're the main carer and haven't had a proper break in longer than you'd like to admit
- A holiday, event, or personal commitment means you need cover for a few days or weeks
- You want to test home care before committing to something longer-term
- Recovery from illness or surgery means you need temporary extra support

WHAT'S INCLUDED

- Flexible cover from a few hours to several weeks
- Overnight and weekend availability
- Holiday cover for family carers
- Familiar, consistent carer where possible
- Emergency respite where capacity allows



Senior Health Care

Unit 6, 145 Nathan Way, London, England, SE28 0AB
020 8310 2077 · admin@seniorhealthcare.org.uk
www.seniorhealthcare.org.uk